Everybody Dies, But Not Everybody Lives

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It is not death most people are afraid of.

It is getting to the end of life, only to realize that you never truly lived.

There was a study done, a hospital study on 100 elderly people facing death close to their last breath. They were asked to reflect about their life's biggest regret.

Nearly all of them said they regretted not the things they did but the things they didn't do.

The risks they never took; the dreams they didn't pursue.

I ask you would your last words be, if only I had — hey, you wake up.

Why do you exist? Life is not meant to simply work, wait for the weekend and pay rent. No, no I don't know much. But I know this every person on this earth has a gift.

And I apologized to the black community but I can no longer pretend. Martin Luther King?

That man never had a dream, that dream had him.

See people don't choose dreams, dreams choose them. So the question I'm getting to is, do you have the courage to grab the dream that picked you? That befit you and grips you; or will you let it get away and slip through? You know I learned a fact about airplanes the other day. This was so surprising to see, I was talking to a pilot and he told me that many of his passengers think planes are dangerous to fly in. But he said actually, it is a lot more dangerous for a plane to stay on the ground. I said what? Like how does that sound? But he said because, on the ground, the plane starts to rust. Malfunction and wear, much faster than it ever would if it was in the air. As I walked away I thought, yeah, makes total sense because planes were built to live in the skies. And every person was built to live out the dream they have inside. So it is perhaps the saddest loss to live a life on the ground without ever taking off.

See most of us are afraid of the thief, that come in the night to steal all of our things. But there is a thief in your mind who is after your dreams. His name is doubt.

If you see him call the cops and keep him away from the kids because he is wanted for murder, for he has killed more dreams than failure ever did. He wears many disguises and like a virus will leave you blinded, divided and turn you into a "kinda".

See "kinda" is lethal. You know what "kinda" is? There's a lot of "kinda" people, you "kinda" want a career change, you "kinda" want to get straight A's, you "kinda" want to get in shape. If you "kinda" want something, then you will "kinda" get the results you want.

What is your dream? What ignites that spark? You can't kinda want that, you got to want it with every part of your whole heart. Will you struggle? Yeah, yeah... you will struggle, no way around it. You will fall many times, but who's counting? Just remember, there's no such thing as a smooth mountain.

If you want to make it to the top then, there are sharp ridges that must be stepped over. There will be times you get stressed and things you get depressed over. But let me tell you something. Steven Spielberg was rejected from film school three times, three times but he kept going.

Struggle and criticisms are prerequisites for greatness. That is the law of this universe and no one escapes it. Because pain is life but you can choose what type. Either the pain on the road to success or the pain of being haunted with regret.

We have been given a gift that we call life.

So don't blow it. You're not defined by your past instead you were born anew in each moment. So own it, now.

What invention do you have buried in your mind? What idea? What cure? What skill did you have inside to bring out to this universe?

"Uni" meaning one, "verse" meaning song, you have a part to play in this song.

So grab that microphone and be brave. Sing your heart out on life's stage. You cannot go back and make a brand new beginning. But you can start now and make a brand new ending.